

Arkansas Relationship Counseling Center (ARCC) Prevention Program Comprehensive Curriculum Policy (CARF Survey-Ready)

I. Policy Statement

Arkansas Relationship Counseling Center (ARCC) maintains a written, comprehensive curriculum for each prevention training course that guides program delivery, ensures consistency in instruction, supports competency development, and aligns with evidence-based and evidence-informed prevention practices.

II. Purpose

The comprehensive curriculum ensures standardized prevention training delivery, evidence-informed program implementation, competency development for participants, measurable learning outcomes, continuous quality improvement, and alignment with ARCC prevention program goals.

III. Required Curriculum Components

a. Course Philosophy

Each course includes a written philosophy defining purpose, guiding principles, prevention framework, and intended impact.

b. Course Outline

Each curriculum includes structured topics, modules, sequence of instruction, key concepts, and training activities.

c. Competency-Based Objectives

Each course defines measurable learning objectives that support prevention outcomes and behavioral change.

d. Instructional Methods and Materials

Instructional strategies include didactic instruction, psychoeducation, interactive activities, skill practice, group discussion, and multimedia resources.

e. Sequence and Hours of Instruction

Each course identifies duration, required hours, order of learning activities, and schedule of delivery.

f. Clinical or Practicum Expectations (If Applicable)

Curricula include skill application activities, demonstration of competencies, supervised practice, and performance evaluation when relevant.

g. Revision Schedule and Methodology

ARCC maintains an annual curriculum review process including outcome evaluation, participant feedback, and updates based on current evidence-based practices.

IV. Implementation and Oversight

ARCC administrative leadership is responsible for curriculum development, approval, monitoring delivery, evaluating effectiveness, and maintaining documentation of revisions.

V. Quality Assurance

Curriculum effectiveness is monitored through participant knowledge assessments, skill competency evaluation, satisfaction feedback, and continuous quality improvement processes.